# МІНІСТЕРСТВО ОСВІТИ І НАУКИ УКРАЇНИ НАЦІОНАЛЬНИЙ УНІВЕРСИТЕТ «ЧЕРНІГІВСЬКА ПОЛІТЕХНІКА»

Кафедра іноземної філології

#### **ENGLISH FOR FOOD TECHNOLOGY SPECIALISTS**

Методичні вказівки з англійської мови для розвитку умінь аудіювання для здобувачів вищої освіти першого (бакалаврського) рівня спеціальності 181 – Харчові технології

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**English for Food Technology Specialists.** Методичні вказівки з англійської мови для розвитку умінь аудіювання здобувачів вищої освіти першого (бакалаврського) рівня спеціальності *181 — Харчові технології* першого (бакалаврського) рівня вищої освіти / Укл.: О. Б. Шендерук, Т. О. Ушата, С. В. Литвин. Чернігів : НУ «Чернігівська політехніка», 2024. 51 с.

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#### Вступ

Методичні вказівки з англійської мови для розвитку умінь аудіювання здобувачів вищої освіти спеціальності 181 — Харчові технології першого (бакалаврського) рівня призначені для студентів, які вивчають іноземну мову (англійську) у контексті харчових технологій.

Аудіювання  $\epsilon$  важливою складовою навчання мові, особливо в професійному вимірі. Вміння розуміти англійськомовні тексти, що стосуються харчових технологій, дозволить студентам отримати доступ до новітніх технологій, наукових досліджень та інформації з цієї галузі.

Методичні вказівки складаються з тридцяти розділів, які охоплюють різні аспекти харчових технологій, такі як процеси виробництва, інновації, якість продукції та багато іншого. Кожен розділ вказівок містить словник незнайомих слів, запис тексту, текст з пропущеними словами, словосполученнями та після текстові завдання.

Мета методичних вказівок полягає у сприянні розвитку аудіювання у здобувачів першого (бакалаврського) рівня вищої освіти спеціальності 181 — Харчові технології. По-перше, цей вид мовленнєвої діяльності допомагає покращити розуміння мови в цілому. Через прослуховування англійських текстів, студенти отримують можливість побудувати свою внутрішню модель мови, розпізнавати вимову, інтонацію та ритм, що покращує загальну комунікативну компетенцію. Подруге, аудіювання розвиває слухову пам'ять та концентрацію, що сприяє запам'ятовуванню та використанню нової лексики та граматики в реальних ситуаціях. Нарешті, цей вид мовленнєвої діяльності дає змогу отримати доступ до нової інформації та культурних контекстів.

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# **Unit 1** The Difference Between White and Brown Eggs



# **Pre-Listening Vocabulary**

- quality: how good something is
- earlobe: the fleshy part of the ear on the outside of the body
- nutritional: how healthy a food product is

Listen and follow the text at the same time. Fill in the missing words while listening.

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# The Difference Between White and Brown Eggs

Have you ever what the difference is between brown and white-
shelled eggs? Brown eggs often more at the market or grocery store.
The difference is not in the, but in the size of the egg. Generally,
white-feathered hens with white earlobes lay white eggs, while hens with red
earlobes, often brown hens, lay brown eggs. Brown eggs are typically bigger than
white eggs, which is why they cost more. You can't compare the
nutritional of brown and white eggs like you can brown and
white bread products. To compare eggs, you need to look at what the
nens, rather than the colour of the shell.

# **Comprehension Questions**

- 1. Why do brown eggs often cost more than white eggs?
- 2. What is usually true about chickens that lay white eggs?
- 3. Why does the report mention brown bread?

#### Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Which do you usually purchase, brown or white eggs, and why? What is your favourite way to prepare eggs?

#### **Unit 2 Beer Power**



## **Pre-Listening Vocabulary**

- brewery: a factory where beer is made
- biofuel: a biological form of power made from waste or living matter
- inactive yeast: yeast that can no longer be used for its main purpose (i.e., to convert sugar into alcohol or relaxes dough), but still has nutritional properties
- dispose: to throw out or waste
- publicity stunt: a trick to attract media attention
- on the right track: taking an action that could eventually lead to success
- convert: to change from one thing into another
- feasible: possible and reasonable

Listen and follow the text at the same time. Fill in the missing words while listening.

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Beer	<b>Power</b>
Deel	LOWEI

A New Zealand brewery is	beer power.	and has	created a no	ew product
called Brewtoleum. This is a biofuel	•			•
		•		•
the brewing process. The slurry is so	ometimes sold	to farm	ers to use i	n livestock
feed, though it is often disposed of a	as waste. Whil	le many	believe Bre	wtoleum is
simply a publicity stunt, others say	the brewery is	on the	right track.	Beer grain
waste is becoming a big p	roblem in	many	European	countries.
New prevent many	breweries fro	m sellin	g beer	to
farmers. Though beer-powered cars i	nay not be		, conv	erting beer
waste to biofuel for the purpose of po	wering brewer	ies is act	ually feasib	le.

# **Comprehension Questions**

- 1. What is Brewtoleum made from?
- 2. What is slurry sometimes used for on farms?
- 3. According to this report, what is a more feasible use for beer waste?

### Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Which alternative power source do you think the world should be getting serious about, and why?

## **Unit 3 Shortbread Means Crumbly Bread**



# **Pre-Listening Vocabulary**

- crumble: to break apart easily; to break into small bits
- pastry: flaky baked goods that separate easily
- shortening: a solid fat, such as butter, used for making crumbly pastry
- flaky: breaks away easily in long strands (e.g., as a croissant does)
- last: to exist; to retain its shape or form

Listen and follow the text at the same time. Fill in the missing words while listening.

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# **Shortbread Means Crumbly Bread**

The word short	means not long or n	ot tall. The word can describe
time, height and distance. Hu	undreds of years ago, s	short was also used to refer to
crumbly	This is how the w	ord shortbread came about. If
you've ever baked shortbread	d, you know that it	very well when
it's hot. The crumbling is cau	sed by the high fat con	tent. Shortbread contains a lot
of butter or other shortening.	. The word shortening	refers to any type of solid fat
used to make	or crumbly pastry. Sh	ortbread biscuits originated in
Scotland, and were traditional	lly reserved for holiday	ys and special occasions, such
as Christmas. Shortbread taste	es so good it doesn't las	t long in most households.

# **Comprehension Questions**

- 1. What does *short* mean in the word *shortbread*?
- 2. What is shortening?

3. Where did shortbread originate?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: What's your favourite type of baked good? Do you know the origin of your favourite treat?

Unit 4 An English Breakfast Is A Full Breakfast



# **Pre-Listening Vocabulary**

- continent: a large region of the world with various countries; or the mainland of a region as opposed to its islands
- full-bodied: strong
- croissant: a flaky, crescent-shaped French pastry
- waffle: a crisp breakfast cake made from batter and served with butter and sweet toppings, such as syrup or fruit

Listen and follow the text at the same time. Fill in the missing words while listening.

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## An English Breakfast Is A Full Breakfast

The term "continental breakfast" originally	a light morning meal
served on the European continent. It consisted of	coffee or tea as well as a
croissant or other light snack, as opposed to the full '	'English breakfast" that was
served in Britain. A traditional English breakfast incl	udes hot food, such as eggs,
breakfast meat, potatoes, beans, pudding and tea. T	oday, the term "continental
breakfast" is commonly used in hotels throughout _	and other
English-speaking countries. Hotels that advertise a co	ontinental breakfast typically
offer breakfast that inside the price	of the hotel. A continental
breakfast at a North American hotel is	
may complimentary coffee, tea and	d muffins to a full buffet of
eggs, bacon, sausages, pancakes, waffles, cereal and fr	resh fruit. In North America,
the term "English Breakfast" is typically	a traditional blend of
full-bodied black tea served with milk and sugar.	

# **Comprehension Questions**

- 1. Originally, how did an English breakfast differ from a continental breakfast?
- 2. What might a hotel serve for a continental breakfast in North America?
- 3. What does the term "English Breakfast" typically refer to in North America?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Do you think it's important to start your day with a full breakfast, or are you more inclined to have a light breakfast and a large lunch or dinner/supper? Which is your most important meal of the day, and why?

#### **Unit 5 Caffeine Is A Natural Pesticide**



## **Pre-Listening Vocabulary**

- caffeine: a drug found in some plants, including coffee seeds and tea leaves
- pesticide: a substance that keeps insects or harmful materials away from a plant
- alert: awake and paying attention
- ward off: to keep away something harmful

Listen and follow the text at the same time. Fill in the missing words while listening.

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#### **Caffeine Is A Natural Pesticide**

Caffeine wakes us up and helps us stay a	alert. Many people	a
caffeine kick a few times a day. In fact, o	coffee and tea are the	most popular
beverages in the world, making caffeine the	most popular drug. Caf	feine is found
in the seeds, leaves, and fruit of certain plant	s. Have you ever	why
caffeine exists in coffee seeds and tea lea	ves? Studies	that
caffeine is a natural pesticide. It gives off a bi	itter	to ward off or
kill insects that come to feed on it. While can	ffeine is generally safe	for humans, it
can be toxic to pets and should be	from cats, dogs,	and birds.

# **Comprehension Questions**

- 1. According to this report, what is one of the main reasons humans consume caffeine?
- 2. What is the natural purpose of caffeine?

3. Why shouldn't you share your coffee or chocolate with a dog?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Are you addicted to the caffeine in coffee, tea, or soft drinks? What happens to your body if you don't get your "caffeine fix"?

Unit 6 "Spaghetti" Means Little Strings



# **Pre-Listening Vocabulary**

- pasta: a staple Italian dish, shapes made from flour, water, and sometimes egg
- retain: to keep
- translation: the process of changing a word into a different language
- reed: a tall thin grass that grows in a marshy area
- spiral: a twisted shape
- figure out: to investigate and come up with an answer
- turn off: to cause someone to dislike a thing or person

Listen and follow the text at the same time. Fill in the missing words while listening.

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# "Spaghetti" Means Little Strings

There are hundreds	of kinds of pasta. Some of the	types of pasta,
such as "spaghetti"	and "cannelloni", have retained their	Italian names and are
used in	countries. The translation of these	words into English is
"little strings" and "	large reeds". Other types of pasta have E	English names, such as
"bow tie pasta" (far	falle) and "elbow macaroni" (macchero	oni). You can actually
learn a lot of	by studying the names of	pasta. For example,
tortelleni means "lit	tle pies", while linguine means "little to	ongues". "Gemelli" is
an pa	asta twisted up to form a spiral. The Itali	an word for this pasta
translates to "twins"	" in English. Next time you order "ve	ermicelli", inspect the
shape to see if you	can figure out what this word translates	s to in English. Don't
be i	f it turns you off your dinner.	

# **Comprehension Questions**

- 1. What does the word "spaghetti" translate to in English?
- 2. Why does the reading mention "twins"?
- 3. What challenge is given at the end of this report?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Though many people love pasta, a few people are turned off by the texture. Are there any textures that you dislike touching or eating?

# **Unit 7** Engaging The 5 Senses With Wine



# **Pre-Listening Vocabulary**

• engage: to involve

• fancy: to like

• to be off: *spoiled* 

• sip: a small amount of a beverage

• clink: lightly tap one's glass with another person's glass

Listen and follow the text at the same time. Fill in the missing words while listening.

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# **Engaging The 5 Senses With Wine**

Did you know you could engage all five of your with a glass of wine?
The first thing most wine drinkers do is choose a colour. You may fancy one that is
white or red or somewhere Wine that is pink in colour is either
rosé (dry) or blush (sweet) wine. Does the wine sparkle in the light, or is it dull
and? Before you smell the wine, swirl it in your glass. The
aroma may remind you of fruit, flowers, spices, or wood. If the wine is off it may
smell sour. Take a sip and engage your sense of Is it sweet, bitter, or
art? Now, feel the wine with your tongue. Is it smooth or grainy? Hopefully it isn't
too watery or dry. Finally, don't forget to engage your sense of hearing. Raise your
glass and clink it with a friend or lover

## **Comprehension Questions**

- 1. What is the reading mainly about?
- 2. Which adjectives are used to describe the sense of taste?
- 3. What is the final sense described in the reading?

### Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Describe your personal preferences when it comes to wine. Use as many senses as you can.

**Unit 8 Applesauce Is A Substitute For Oil** 



## **Pre-Listening Vocabulary**

- run out of: to use something until it's gone; to need more of something
- substitute (noun or verb): something that is used in place of something else (to use in place of)
- equivalent: the same measurement
- puree: a mashed or liquefied type of food
- call for: to identify something that is necessary in a set of instructions

Note: When substitute is used as a verb, you substitute the new "for" the old, but you substitute (replace) the old "with" the new. *You can substitute oil with applesauce*.

Listen and follow the text at the same time. Fill in the missing words while listening.

https://drive.google.com/file/d/1MPksDm8ySRhvDbX1ncGtn-xvhug9DyC/view?usp=drive\_link

#### **Applesauce Is A Substitute For Oil**

Have you ever run out of	_while you were baking? Applesauce
makes a great substitute for vegetable oil w	when baking cookies, cakes, or muffins.
It also some of the unhealthy	fats in your food. You can substitute
applesauce one for one. That means, if yo	our cake recipe calls for half a cup of
vegetable oil, you can use half a cup of appl	olesauce instead. Your baked goods will
have calories if you use a	applesauce instead of oil. You may be
surprised that your baked goods taste the s	same as usual, though they may have
a different texture. If a reci	cipe calls for applesauce, you can use
other types of fruit puree. Be sure to use	e the equivalent amount. Other useful
substitutes for baking include sour cream for	or yogurt, and honey for maple syrup. If
a recipe calls for a cup of wine, you can subs	ostitute it with a cup of,
a cup of water, or a cup of fruit juice plus tw	vo teaspoons of vinegar.

## **Comprehension Questions**

- 1. What is the main purpose of the report?
- 2. Who would find this report useful?
- 3. Why does the report mention wine?

#### Put five general questions to the text.

Make up two who- questions, two what- questions, two where- questions and two why- questions.

**Discussion Questions**: Have you experimented with substitutions in cooking and baking? Share a baking or cooking disaster from your past. What went wrong?

#### **Unit 9 Honey Does Not Go Bad**



# **Pre-Listening Vocabulary**

- spoil: to go rotten
- high concentration: a large amount of one substance inside another
- thrive: to do or live well
- crystallize: to change form and become solid crystals
- nourish: to provide materials needed for growth and health
- indigestion: difficulty and discomfort associated with processing food inside the body
- Sweet!: Great news!

Listen and follow the text at the same time. Fill in the missing words while listening.

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# **Honey Does Not Go Bad**

Honey is one of the only food	that does not spoil. It's difficult
for bacteria to thrive in honey due to its hig	gh concentration of glucose and fructose.
After a while, honey may	it has gone bad because it crystallizes.
However, when honey hardens, you just r	need to heat it back up. Honey isn't bad
for you, either. In fact, many scientist	s believe that humans could live on
honey Honey has man	y health It can relieve
aand boost the immune sy	stem. It can also nourish your skin and
relieve indigestion. Sweet!	

#### **Comprehension Questions**

- 1. What is the report mainly about?
- 2. Why might it seem like the honey in your cupboard has gone bad?
- 3. What does the report say about the digestive system?

#### Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Though honey provides many health benefits, many environmentalists are worried about the health of honeybees. Could humans survive if honeybees disappear from the planet?

**Unit 10** Themed Restaurant True To Its Name



# **Pre-Listening Vocabulary**

- triple bypass: a surgical procedure to prevent blockage to the heart
- flatline: to register no brain waves or heartbeat on a monitor
- mascot: a person or character that brings attention to a brand, team, or establishment
- die-hard: *extremely devoted*

- entice: attract and convince
- payroll: the list of people who get paid by a business

Listen and follow the text at the same time. Fill in the missing words while listening.

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#### **Themed Restaurant True To Its Name**

The Heart Attack C	Grill, a hospital-theme	d restaurant i	in	, c	ffers free
food to anyone wh	o weighs over 350 p	ounds. The r	menu item	s are refer	red to as
"prescriptions", an	nd include unhealthy	choices suc	ch as trip	le bypass	burgers,
flatliner	, buttermilk shake	s and filterles	ss cigarette	es. Food is	served to
"patients" by wait	resses dressed as		Patients	s who car	n eat the
biggest burgers are	e wheeled out of the	restaurant in	n a wheel	chair. In 2	2013, the
unofficial mascot of	of the Heart Attack (	Grill, a man v	who ate th	nere daily	for many
years, actually died	l of a heart attack. Th	e die-hard pa	atron, who	referred t	o himself
as "patient John", v	wore a hospital	and	l often stoo	od at the er	ntrance to
entice people to	enter. Patient John	was	on	the menu	and on
souvenir T-shirts, b	out was never on the p	ayroll.			

#### **Comprehension Questions**

- 1. Where is this restaurant located?
- 2. What is unique about the servers?
- 3. Who was patient John?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Many visitors to Las Vegas disapprove of this restaurant. They say that obesity is no laughing matter. Do you agree or disagree?

# Unit 11 A Man Was Buried Inside A Pringles Can



# **Pre-Listening Vocabulary**

- chemist: a person who conducts chemical research
- uniform: the same
- patent: a license that gives an inventor the right to be the only seller of a specific design
- stack: a pile of items placed on top of each other
- urn: a container that human ashes are buried in
- remains: the parts leftover of a dead body

Listen and follow the text at the same time. Fill in the missing words while listening.

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# A Man Was Buried Inside A Pringles Can

Fredric Baur's las	st wish wa	s to	have h	is as	hes		inside	a Pringles
can. Baur was a c	hemist and	d foo	d stora	ge te	chnicia	n for Pro	cter and G	amble. He
designed the pota	to chip _			_ tha	t holds	a tall sta	ack of cur	ved chips.
Unlike other chips	s (also call	ed cr	isps) tl	nat a	re sold i	n a bag,	Pringles a	re uniform
in colour,	,	and s	size. T	he pa	atent for	the their	packaging	g was filed
in 1966 and a	approved	in	1970.	In	2008,	Baur's	children	honoured
his	_ to be bu	iried	inside	his	own inv	ention.	They chose	e a can of
Pringles "Original	l" on their	way	to the			Son	ne of Baur	's remains

did not fit inside the can and were placed in an urn. Pringles are sold in over 140 countries around the world.

#### **Comprehension Questions**

- 1. What was Fredric Baur famous for?
- 2. How are Pringles chips different from traditional chips or crisps?
- 3. Why did Baur's children also require an urn?

#### Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Pringles cans are iconic around the world. What other packaging is easily recognized by its unique shape or appearance?

**Unit 12** The Colour Orange Was Named After The Fruit



# **Pre-Listening Vocabulary**

- etymologist: a person who studies the evolution of languages
- citrus: a plant family that includes lemons, limes, oranges, and grapefruit

- evolve: to change over time
- drop: to let go; to no longer use
- Sanskrit: an ancient language in India

Listen and follow the text at the same time. Fill in the missing words while listening.

https://drive.google.com/file/d/1\_VJG0AKjm-gnqNcvvOWSb K0rUJcLaTr/view?usp=drive\_link

### The Colour Orange Was Named After The Fruit

You often hear the	, "Which came first, the	e chicken or the egg?".
Have you ever wondere	ed about colour words?	etymologists, the
colour orange was	named after the citrus fruit.	It evolved from
theword '	'naranja" meaning orange tree. The	e Spanish word came
from a Sanskrit	word. In the 16th century,	when the fruit
became	available in Europe, the English	dropped the "n" and
began using the word '	'orange" to describe the colour oran	ngein
Old English, the colour	orange had been called yellow-red ("	geoluhread").

# **Comprehension Questions**

- 1. Which came first, the colour orange or the citrus fruit?
- 2. How did the word "naranja" evolve into orange?
- 3. What does "geoluhread" translate to in Modern English?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Question**: There is no English word that rhymes perfectly with "orange". What other English words can you think of that don't rhyme with any other English word?

# **Unit 13** The King Of Fruit Is Stinky



## **Pre-Listening Vocabulary**

- acquired taste: a flavour that you learn to appreciate after repeated exposure
- put someone off: to cause someone to want to stay away from someone or something
- pulp: the fleshy part of a fruit
- hull: the outer layer or shell of some fruit, vegetables or seeds
- pungent: strong smelling

Listen and follow the text at the same time. Fill in the missing words while listening.

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# The King Of Fruit Is Stinky

Durian, known as "the ki	ng of fruit" i	n southeast Asia, is a	an acquired taste. The
smell of this tropical fruit	is what usua	lly puts people off. W	hile some people find
durian revolting, others ar	e	the strong, uniq	ue flavour of its pulp.
The durian is known as the	ne king of fru	it because of its large	e size and thick, spiky
hull o	of fruit can v	weigh as much as th	ree kilograms (seven
pounds) and cost up to te	n dollars. Du	rian is mainly grown	in and
Indonesia. Because of its	pungent odo	ur, durian is banned	in some public places
and on	When ask	ed to describe its taste	e, many people have a
tough time. Some describe	e it as garlic o	or onion mixed with fi	ruit. Others compare it
to fruity	or custard.		

## **Comprehension Questions**

- 1. Why is durian called the king of fruit?
- 2. Why do many people find durian revolting?
- 3. Why does the report mention mass transit?

# Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: What type of food do you find revolting? What puts you off about it, and how would you describe its taste and smell? What food have you acquired a taste for?

**Unit 14 Space espresso** 



## **Pre-listening vocabulary**

- joint: combining two or more people or groups
- astronaut: a person who travels to space
- portmanteau: a word that combines the sounds of two words
- capsule: a small container shaped like a cylinder
- seal: to close something completely
- manipulate: to control something

• surface tension: the force that holds particles of a liquid together

Listen and follow the text at the same time. Fill in the missing words while listening.

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#### **Space espresso**

2015, the Italian Space Agency launched the first espresso into
ace. It was a joint between Lavazza, an Italian
empany, and Argotec, an engineering company that makes food for the Europear
pace Agency. The machine is called the ISSpresso, a portmanteau of espresso and
e ISS, or International Space Station. The ISSpresso brews the coffee using small
psules of coffee grounds and pours it into sealed It also comes
ith zero-gravity coffee cups that manipulate surface tension to stop
e from floating away. The first person to use the ISSpresso
as Italian astronaut Samantha Cristoforetti, who was also the first Italian womar
go to space.

#### **Comprehension questions**

- 1. Argotec is
  - a. a brand of coffee
  - b. an engineering company
  - c. a space station
- 2. The ISSpresso pours coffee into
  - a. sealed bags
  - b. zero-gravity coffee cups
  - c. plastic capsules
- 3. Samantha Cristoforetti was
  - a. the lead engineer of the ISSpresso
  - b. the first astronaut to use the ISSpresso
  - c. the designer of the zero-gravity coffee cup

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

#### **Discussion/essay questions**

Would you ever want to go to space? Why or why not? What do you think would be the hardest part of being an astronaut?

#### Unit 15 All About Mardi Gras



# **Pre-listening vocabulary**

- festive: cheerful, exciting, celebratory
- celebrate: to participate in fun activities because of a special event
- parade: a public show of marching bands and floats moving through a street
- tradition: a practice that a certain culture participates in for a specific event

Listen and follow the text at the same time. Fill in the missing words while listening.

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#### **All About Mardi Gras**

Mardi Gras is a festive \_\_\_\_\_ celebrated all around the world. Mardi Gras parades often include colourful floats, feathered \_\_\_\_\_, and lots of food. The name "Mardi Gras" is French, translating into "Fat Tuesday" in English. The celebration originated as a religious holiday, marking the

day	the Christian tradition of Lent. Chris	stians would often make
pancakes on thi	s day to use up all of the milk,	and eggs in their
houses. This bed	came known as Pancake Day, and later as	Mardi Gras when people
began to celebr	rate it in France. Today, Mardi Gras is	celebrated by people of
all	In some places— such as New 0	Orleans, Louisiana— the
parties and para	des can last for two weeks.	

# **Comprehension questions**

- 1. What is the significance of Mardi Gras?
- 2. Here did Mardi Gras originate?
- 3. How do people typically celebrate Mardi Gras?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

# **Discussion/essay questions**

Do you celebrate Mardi Gras? If so, what kinds of traditions do you have? If not, what other holidays do you celebrate, and what kinds of traditions do you have for those holidays?

Unit 16 Coca-Cola To Launch Alcoholic Drink in Japan



# **Pre-Listening Vocabulary**

• launch: to make available for the first time

- compete: to try to do better than others
- market: a group of buyers
- trial: to test

Listen and follow the text at the same time. Fill in the missing words while listening.

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Coca	a-Cola To Laund	h Alcohol	ic Dr	ink in J	Japan	
A new alcoholic Co	ca-Cola		_ wil	l soon l	be available	in Japan.
The Coca-Cola produ	act will compete	with a			numbe	r of "Chu-
Hi" beverages in	Japan. These	types o	of c	anned	beverages	typically
contain	water, flav	ouring, an	d a v	odka-li	ke	•
The president of Japa	an Coca-Cola sa	ys that the	alco	holic be	everage will	likely not
be	outside of this r	narket. Co	ca-C	ola trial	s dozens of	beverages
every year in Japan.	Many Coke pro	ducts that	are	unknow	n in the US	are very
successful in Asia.						

# **Comprehension Questions**

- 1. What new product is being launched in Japan?
- 2. What is "Chu-Hi"?
- 3. What does Coca-Cola Japan test every year?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

### **Discussion Questions**

Do you think Coca-Cola is making a mistake by experimenting with alcoholic beverages? Why or why not?

# Unit 17 Beer Yoga Is a New Fitness Trend



# **Pre-Listening Vocabulary**

- yoga: an activity that involves holding poses and doing breathing exercises
- participant: a person who takes part in an activity
- swig: a large sip of a beverage
- pose: a body position that you hold for a while
- gimmick: a trick

Listen and follow the text at the same time. Fill in the missing words while listening.

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# Beer Yoga Is a New Fitness Trend

Combining	beer	drinking	with	yoga	class	is	a	fitness	trend	that	beg	gan
in		two y	years a	go and	l has r	ecen	ıtly	become	e			_ in
Australia, E	urope,	and Asia	. Durir	g the o	class, p	arti	cipa	ants foc	us on t	he bot	tle	and
take regular	swigs	of their b	eer. So	ome pa	rticipa	nts s	say	that the	alcoho	ol help	s th	em
feel more _				and ab	le to d	lo tl	ne j	poses. N	Iany h	ealth	exp	erts
and yoga en	thusia	sts say tha	it beer	yoga is	s simpl	ly a			g	immi	ck. T	Γhe
purpose of	yoga	is to inc	crease	one's	aware	ness	s, a	nd drin	king b	oeer h	nas	the
opposite												

# **Comprehension Questions**

- 1. What is beer yoga?
- 2. When and where did this activity originate?
- 3. Why do some health experts disagree with the idea of beer yoga?

# Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Would you try a beer yoga class? Why or why not?

**Unit 18 Hamdog Is World's First Patented Burger** 



# **Pre-Listening Vocabulary**

- patent: a licence that gives an inventor the right to prevent others from selling the same invention
- franchise: a business that legally sells another company's goods
- entrepreneur: a person who comes up with new business ideas

- invest: to give or lend money or time in hopes of receiving benefits in the future
- hybrid: a combination of two things
- condiments: toppings for adding flavour, such as mustard and relish

Listen and follow the text at the same time. Fill in the missing words while listening.

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#### **Hamdog Is World's First Patented Burger**

An Aus	stralian entre	prene	ur who re	ceived a pa	tent for the	ne bun	of his	hamb	urger-
hotdog	hybrid	is	now	offering	franchi	ses.	Mark	. <b>N</b>	<b>I</b> urray
first			his idea c	of a cross be	tween a h	amburg	ger and	hotdo	g on a
show	called Shark	Tan	ık, wher	e entrepre	neurs tr	y to	sell	their	ideas
to		invest	tors. Thou	ugh the Sha	rks refuse	ed to in	nvest i	n the	hybrid
snack,	Murray beg	gan se	elling his	Hamdog	at fairs	and _			in
Austral	ia. To fit on	the pa	tented but	n, a sausage	is placed	in bet	ween to	wo hal	ves of
a burge	er	T	raditional	hamburger	and hotde	og con	diment	s are	placed
on top o	of the		•						

#### **Comprehension Questions**

- 1. What is the Hamdog?
- 2. Why does the report mention *Shark Tank*?
- 3. How does the meat fit inside the patented bun?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: What is the main purpose of securing a patent? Will this patent prevent others from selling their own hybrid burger-dog snacks? What other hybrid foods would make good snacks?

**Unit 19 Bananas Threatened by Fungal Disease** 



# **Pre-Listening Vocabulary**

- fungus: a spore-producing organism that feeds on organic matter
- plantation: a large group of plants cultivated by locals for commercial purposes
- drastic measures: a major response or action; usually very costly and/or risky
- breed: *a single variety*

Listen and follow the text at the same time. Fill in the missing words while listening.

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# **Bananas Threatened by Fungal Disease**

A fungal disease is threatening ba	anana crops around the world, an	d could result in
the extinction of the Cavendish (a	a.k.a the supermarket banana). Th	e fungus, which
stays in the soil and	very easily, prevents the fruit	t from taking in
water. Burning down plantations	and starting over with a differen	nt crop is one of
the only known,	though many farmers cannot affe	ord to take these
drastic measures. Banana experts	s say that history is	itself and that
the banana industry did not learn	n from a similar disease that wip	ed out a banana
crop in the 1950s or	n one breed instead of the many	that
are available, makes it difficult to	recover from a serious outbreak.	

## **Comprehension Questions**

- 1. What is threatening the supermarket banana?
- 2. What is one of the only known solutions to this banana crisis?
- 3. According to banana experts, how could this disaster have been prevented?

# Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Does this type of news make you nervous about the future of food? What can the average person do to help ensure that other crops don't go extinct?

Unit 20 Pizza Delivered By Drone



# **Pre-Listening Vocabulary**

• drone: an unmanned aerial vehicle

• skyscraper: a very tall building

• aerial: in the air

• retailer: a business or person that sells products to a consumer

Listen and follow the text at the same time. Fill in the missing words while listening.

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# Pizza Delivered By Drone

A pizzeria in Mumbai claims to have successfully delivered a pizza by drone to a
skyscraper this month. A video on YouTube shows the pizza being
made, and attached to a drone called a "quadcopter". The
drone flies out of the restaurant and across a stretch of the city before landing on a
rooftop for an awaiting customer. The pizza company believes that drone
deliveries will become an way to make deliveries in India's
traffic-filled cities. Police and security are concerned, however, and are
investigating the company. All aerial vehicles in India require security clearance,
and unmanned vehicles of any kind are considered a serious
Amazon, the world's largest retailer, has also been testing the
idea of using drones for deliveries. Amazon hopes to have a similar service
available within five years.

### **Comprehension Questions**

- 1. Why are police officers investigating this pizza delivery?
- 2. Why does the report mention YouTube?
- 3. What is Amazon's goal?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Question**: Do you think drones are the future of delivery for companies like restaurants and retailers? Why or why not?

**Unit 21 Organic Foods Have Same Nutritional Value** 



### **Pre-Listening Vocabulary**

- nutritional value: health benefits from food
- ripeness: the aging of produce
- pesticide: a chemical used to prevent pests from disturbing plants
- flawed: containing mistakes; imperfect
- genetically modified: adapted by man in order to improve the quality of something natural

Listen and follow the text at the same time. Fill in the missing words while listening.

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# **Organic Foods Have Same Nutritional Value**

A new study out of Stanford University suggests that organic foods have no
additional nutritional value than foods. The study suggests that
other factors, such as the ripeness of the produce when it is,
determine the nutritional quality. The study did find that organic food contained
significantly less pesticide residue than non-organic food the
massive research that went into the study, critics say that the research is flawed and
based on short-term evidence. Consumers have a variety of reasons for choosing
organic foods, including concerns about animal welfare and the
Certified-organic food is produced with environmentally and animal-friendly
production, and does not contain genetically modified ingredients.

## **Comprehension Questions**

- 1. What was the main conclusion of the Stanford study?
- 2. Why don't critics agree with this study?
- 3. What is certified-organic food?

## Put five general questions to the text.

Make up two who- questions, two what- questions, two where- questions and two why- questions.

**Discussion Question**: Do you choose organic food over non-organic food at the grocery store? Which types of food are you most careful about buying?

**Unit 22 World Cup Athletes Consider Fasting During Ramadan** 



# **Pre-Listening Vocabulary**

- qualify: to earn the right to compete
- fast: to refrain from eating (and sometimes drinking) for a set amount of time
- confirm: to provide a statement about the facts
- postpone: to schedule something for a later date than originally planned

• hydrated: having enough fluids in the body

Listen and follow the text at the same time. Fill in the missing words while listening.

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### **World Cup Athletes Consider Fasting During Ramadan**

Muslim athletes who have qualified for t	the second round of the Wo	orld Cup are
facing tough choices this week. The holy	month of Ramadan began	on Sunday.
During Ramadan, Muslims	to fast for 30 days. Th	is means no
food or drink during the daylight hours.	Some of the World Cup a	athletes have
confirmed that they will postpone fasting	g until	Others have
stated that they will observe the fast during	g Ramadan. Algeria's team,	, which has a
number of Muslim players	to the second round for the	first time in
World Cup history. Algeria's coach is ups	et about all of the questions	surrounding
his athletes. He says that observing Ram	adan is a mat	tter, and that
people should not the c	choices of his players. Team	n doctors say
that staying hydrated in Brazil's heat wil	ll be the greatest challenge	for Muslim
athletes who decide to observe the fast.		

#### **Comprehension Questions**

- 1. What must Muslims do during Ramadan?
- 2. What accomplishment are Algerians excited about?
- 3. What will be the greatest challenge for World Cup athletes who attempt to observe Ramadan?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Question**: Many people in the Muslim community believe that fasting should not pose a risk to a person's health. Others feel all able-bodied Muslims should fast regardless of their private schedules. Do you agree with the Algerian coach that this is a private matter?

#### Unit 23 UK's New 5 Pound Note Contains Animal Fat



# **Pre-Listening Vocabulary**

- vegetarian: a person who does not eat meat
- vegan: a person who does not eat or use animal products
- circulation: the movement (spreading) of something in public
- traces: *small amounts*
- petition: a request for change that many people sign to support
- temple: a religious place of worship
- durable: long lasting; able to withstand heavy use

Listen and follow the text at the same time. Fill in the missing words while listening.

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#### **UK's New 5 Pound Note Contains Animal Fat**

Vegetarians and	vegans acro	oss the UK	were outraged	to	$\underline{}$ that the
new five pound n	ote, which	went into ci	rculation this Se	eptember, cont	ains traces of
animal fat from c	ows, sheep	, or pigs. Si	ince news	abou	t the contents
of the new fiver,	thousands o	of people ha	ive signed a peti	tion asking fo	r the notes to
be	Some	British Hi	ndu leaders are	e considering	banning the
notes from templ	es because	cows are s	sacred in the Hi	ndu	Central
banks in dozens	of countries	s around the	e world have all	ready switched	d to the same
type of plastic (po	olymer) casi	h because it	is much more d	lurable than pa	aper.

ر ب

## **Comprehension Questions**

- 1. What are vegetarians and vegans upset about?
- 2. Why does the report mention Hindu leaders?
- 3. Why are many central banks switching to plastic (polymer) bank notes?

#### Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Do you still carry cash on an everyday basis? How long do you think it will be before physical currency is no longer in circulation in your country?

**Unit 24 Innovative Company Tackles Food Waste** 



# **Pre-Listening Vocabulary**

- innovative: focused on new ideas and solutions
- tackle: to take on a big challenge
- coating: a top layer
- shelf life: how long an item is suitable for sale or consumption
- peel: the outer layer of a fruit or vegetable
- consume: to take into the body

# Listen and follow the text at the same time. Fill in the missing words while listening.

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# **Innovative Company Tackles Food Waste**

A food	company in the US has developed a natural coating that may
double or	the shelf life of fruits and vegetables. Apeel Sciences says
their natural spray	like an extra peel and slows down water loss
	e spray has no smell, taste, or colour and is safe to consume.
Several US groo	ery store are already testing the product on
avocados. Approx	imately 40% of the food around the world goes to
waste.	
<b>Comprehension</b> (	Duestions
•	vernment labs for human heath?
Is this spray using	just producer? Or/and can paople use it/
is this sprey using	just producer? Or/and can people use it/
Put five general q	uestions to the text.
-	o- questions, two what- questions, two when- questions, two and two why- questions.
<b>Discussion Questi</b>	ons
Why is this such a	n important invention?

## Unit 25 McDonald's Partners with US Embassy in Austria



## **Pre-Listening Vocabulary**

- partner (verb): to form a partnership; to join forces
- embassy: the official office of an ambassador (nation's representative) in another country
- consular: related to the consulate in a foreign city
- issue: to supply

Listen and follow the text at the same time. Fill in the missing words while listening.

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# McDonald's Partners with US Embassy in Austria

Fast-food giant McDonald's has	with the US Embassy in Austria to
offer limited consular	. Any American citizen who needs help from
the US Embassy in Austria can now	visit any of its McDonald's
restaurants. While the McDonald's	cannot offer services such as issuing
a, it will put Americans	s in direct contact with the Embassy to report
a concern such as a lost passport. Mo	cDonald's says it is not
any payment for offering this service in	n Austria.

# **Comprehension Questions**

- 1. Describe the partnership from this report.
- 2. Why does the report mention a passport?
- 3. According to the report, what is McDonald's not getting paid for?

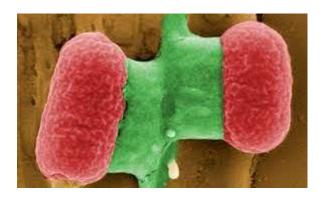
Put five general questions to the text.

Make up two who- questions, two what- questions, two where- questions and two why- questions.

#### **Discussion Question**

Do you think it is a smart idea for McDonald's to offer this service? Why or why not?

Unit 26 E. Coli Outbreak leaves Hundreds Ill in Germany



# **Pre-Listening Vocabulary**

- E. Coli: Escherichia Coli; a type of bacteria that inhabits the intestines; dangerous strains result in severe infections
- outbreak: a sudden large occurrence of something
- contaminate: infect a clean, pure, or healthy thing
- potentially: has the possibility to happen
- ban: to no longer allow

Listen and follow the text at the same time. Fill in the missing words while listening.

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# E. Coli Outbreak leaves Hundreds Ill in Germany

At least ten people have died, and hundreds have become due to an E. coli
outbreak in Germany. Most of those who have been affected by the strain are
adults who live or have travelled to Germany. Tomatoes,
cucumbers, and lettuce have been found to be contaminated with the potentially
deadly bacteria. The bacteria attacks the intestine and affects the blood, kidneys,
and sometimes the nervous system. It is where the outbreak
originated, but investigators say that some of the contaminated cucumbers were
shipped from Spain and in Germany. Cases have also been reported
in Sweden, Denmark, and the UK. Some countries banning
imported produce from Spain and Germany.

# **Comprehension Questions**

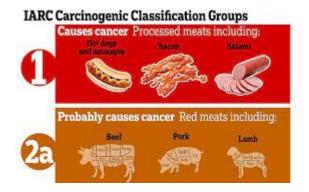
- 1. Where did this strain of bacteria originate?
- 2. Why does the report mention Sweden?
- 3. Which areas of the body does this bacteria affect?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Question**: Have you ever had food poisoning? What symptoms did you have? How did you figure out which food was contaminated?

### **Unit 27 WHO Says Processed Meat is Carcinogenic**



# **Pre-Listening Vocabulary**

- declare: to make a formal announcement
- cure: to preserve by smoking, drying, and/or salting
- colon: part of the large intestine that removes water from solid food waste
- non-conclusive: not certain

Listen and follow the text at the same time. Fill in the missing words while listening.

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# WHO Says Processed Meat is Carcinogenic

The World Health	(WHO) h	nas officiall	y declared t	hat processed
meat isa	cancer-causing	food. Pro	ocessed m	eat includes
everything from sausages and	l bacon to salami	and ham		recent
studies, the salting and	curing of this	type of	meat cre	ates cancer-
causing	that increase the	risk of co	olon cancer	. The World
Health Organization also dec	clared that non-pa	rocessed re	ed meat is p	probably also
cancer-causing, though studie	es were not as co	onclusive.	Global resea	arch suggests
that about 34,000 deaths per	r year are		_ diets that	t are high in
processed meats, while	caı	ises about 1	million dea	aths per year.

# **Comprehension Questions**

1. What announcement did the World Health Organization make?

- 2. What examples of processed meat are given in this report?
- 3. Why does this report mention smoking?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: Most people already know that processed foods are not healthy. Do you think this announcement will cause many people to change the way they eat or the way they feed their families?





# **Pre-Listening Vocabulary**

- imminent: close at hand; could happen soon
- urgent: requiring quick action or response
- examine: to look at or study closely
- chief advisor: the person who is in charge of overseeing a project
- policy maker: a person in the government who comes up with rules and regulations
- consumption: the taking in of something (food and drink)
- obesity: the carrying of too much weight on one's body (usually caused by overeating and lack of exercise)

- tackle: *to try to fix a problem*
- malnourished: to not have enough vitamins and nutrients to sustain a healthy body

Listen and follow the text at the same time. Fill in the missing words while listening.

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### **Report Warns Global Hunger is Imminent**

A two-year study organized by the UK	suggests that urgent
action is required to prevent global hunger by the year 2	2050. Four hundred experts
from 35 countries worked together to examine things	such as farming, climate,
and The world's population is expe	cted to grow to 8.3 billion
people in the next 20 years. Science professor Sir Jo	ohn Beddington, the chief
advisor in the study, says that in 20 years from now the	world will need 40% more
food, 30% more fresh water and 50% more energy. I	le said policy makers will
need to food production, clin	nate change and water
shortages as a whole rather than as separate problems. T	he report recommends that
humans greatly reduce the consumption of foods that	a lot of
energy to produce. Obesity and food waste are two of	the major challenges that
need to be tackled in industrialized countries.	about a billion
people overeat, a billion people are hungry, and another	billion are malnourished.

#### **Comprehension Questions**

- 1. What was the main conclusion that came out of this study?
- 2. Who is Sir John Beddington?
- 3. About how many people are currently starving in the world?

#### Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Question**: The report suggests that the whole food system needs to be redesigned. What are some things that everyday people can do to prevent global hunger from becoming a reality?

## **Unit 29** Canadian Survives 49 Days in the Wilderness



#### **Pre-Listening Vocabulary**

- trade show: an exhibition of products and services in a specific field
- scenic route: an alternate direction that lets you enjoy your view as you travel
- off course: a different way than the planned route; opposite of "on course"
- ration: to only use a very small amount at a time; to avoid running out of something
- trail mix: a snack that is usually made up of nuts, seeds, and dried fruit
- beat the odds: to survive or achieve something despite the poor chances
- hydrated: having enough water in the body

# Listen and follow the text at the same time. Fill in the missing words while listening.

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# **Canadian Survives 49 Days in the Wilderness**

A 56-year-old Canadian woman was found alive after	_ seven
weeks in her vehicle on a logging road in Nevada. Albert and Rita Chreti	en were
driving to a trade show in Las Vegas when they decided to t	urn off
the and take a scenic route. After going off cours	se on a
logging road, their minivan got stuck in the snow and mud. Albert left o	n foot a
few days later and his wife stayed behind in the vehicle. Rita survived for	or seven
weeks by rationing a small amount of trail-mix and a few hard candies. She	e melted

snow	for drinking water, and kept her mind active	by reading and keeping
a	Hunters discovered her	on Friday, and
reunit	ited her with her sons in time for Mother's Day. S	urvival experts are curious
how s	she beat the odds, but say that staying hydrated was	s likely the key. The search
contin	nues for	

#### **Comprehension Questions**

- 1. Where were the Canadians heading when they went off course?
- 2. Why was the timing of Rita's rescue significant to her family?
- 3. How did Rita survive for 49 days in her car?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Question**: Survival experts often recommend staying with your car if you get lost. Making the decision to remain in the car could have been a matter of life and death in this case. What do you think you would have done in this situation?

Unit 30 Cat Cafés Are On The Rise



**Pre-Listening Vocabulary** 

- crop up: *to appear suddenly (sometimes temporarily)*
- fill a void: to provide a feeling or thing that is missing in one's life
- catch on: to become popular
- double: to have a secondary purpose
- handle: to touch and/or hold in one's hands

Listen and follow the text at the same time. Fill in the missing words while listening.

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#### Cat Cafés Are On The Rise

Cat cafés are cropping up in a variety of cities around the world, filling a void	for
animal lovers who can't have pets. The first cat café opened in	_ in
1998. The idea caught on in Japan where many apartment dwell	ers
are not allowed to keep pets. Some cat cafés double as animal rescue	
and the cats are available for Owners often cha	rge
a for handling the animals. The money is used to feed and care	for
the pets.	

# **Comprehension Questions**

- 1. Why are cat cafés becoming popular in cities like Tokyo?
- 2. What service do some cat cafés offer besides allowing patrons to pet the cats and order drinks?
- 3. Why do some cat cafés owners charge a fee to handle the animals?

Put five general questions to the text.

Make up two who- questions, two what- questions, two when- questions, two where- questions and two why- questions.

**Discussion Questions**: In addition to cat cafés, Japan also has rabbit cafés. Some animal rights activists feel cats and rabbits are not social creatures and should not be used as "teddy bears". What are your thoughts about this?

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